



Oakville Jaguars Soccer Academy

Oakville, ON | www.oakvillejaguars.com

Equipment, Blood & Jewelry Policy

Policy Number	Version	Date Issued	Applies To
OJSA-F002	1.0	2024	All Players, Coaches & Referees

1. Blood Protocol

Any player who is bleeding must leave the field of play immediately. Play may only resume after the wound has been properly treated.

- Players with open wounds must be removed from play until the bleeding has stopped and the wound is properly covered
- Clothing that is saturated with blood must be replaced before the player returns to play
- Blood-contaminated equipment must be cleaned and disinfected before further use
- Coaches should have basic first aid supplies (gloves, wound dressings) available at all training sessions and games

2. Jewelry

- Players must remove all jewelry before participating in training or games, including earrings, necklaces, bracelets, rings, and facial piercings
- Newly pierced earrings may be covered with tape at the referee's discretion during the healing period, but must be removed as soon as possible
- Medical alert bracelets should be taped down securely if they cannot be removed
- Players who refuse to remove jewelry may be prohibited from participating for safety reasons

3. Headscarf & Turban

In accordance with Ontario Soccer and FIFA regulations, players may wear a headscarf or turban for religious or cultural reasons, provided:

- It is the same colour as the player's jersey or is a plain dark or light colour
- It is securely fastened and does not pose a safety risk to the wearer or other players
- It does not extend below the collar or beyond the shoulders

4. Casts & Splints

Players wearing a cast or rigid splint must obtain written medical clearance before returning to play. The cast or splint must be fully padded to the satisfaction of the referee before the player may participate. Hard, unpadded casts are not permitted in training or games.

5. Insulin Pump

Players who wear an insulin pump may participate in training and games. The pump must be worn under the playing shirt if possible, and protected from impact. Coaches should be informed and have awareness of emergency

procedures in the event of a diabetic emergency. The player's parent or guardian must provide relevant medical information on the Player Emergency Information Form.